BACKGROUND INFORMATION

If you are just starting a research project, some of the specialized encyclopedias and other reference type works listed below can be a good place to begin. These titles can:

- Provide you with an overview and historical background;
- Help you broaden or narrow your topic;
- Give you some suggestions for additional research.

The following reference works all contain information on some aspect of athletic training, sports psychology or physical education. They are located in the Reference Collection and are listed in call number order.

*Stedman's Medical Dictionary for the Health Professions and Nursing*. REF/R/121/.S8/2012
*Taber's Cyclopedia Medical Dictionary [electronic resource].* (available in EBSCO e-books)
ONLINE REFERENCE SOURCES

Acland's Video Atlas of Human Anatomy
Acland Anatomy uses unembalmed human specimens to illustrate anatomical structures. Intended for use by medical, dental and medical science students, the video teaching aid uses simple language and high quality images.

Credo Reference
Gateway to searching over 500 reference books in a broad range of subjects, including sport injuries and athletic training.

Gale Virtual Reference Library
Database of encyclopedias, almanacs, and specialized reference sources for multidisciplinary research. Below is an example of a keyword search on rotator cuff

Oxford Reference Online
Brings together language and subject reference works from one of the world's biggest reference publishers into a single cross-searchable resource.

FINDING MATERIAL IN THE ONLINE CATALOG

You can look for materials in the library's online catalog by author, title or subject or keyword. The online catalog has some powerful searching features, such as limiting your search to location, language, etc. You may access the library's catalog by going to the library web page (www.library.ehc.edu). Please note that this catalog includes Kelly Library’s holdings as well as the library of King University, and the public libraries
of Washington and Tazewell counties. Since this group is known as Holston Associated Libraries, you may hear the catalog referred to as HAL. With your student ID card, you may check out materials from all of these libraries. You can also request materials from the other three HAL libraries through the catalog and have the items delivered to our Circulation desk by a courier.

Below is a search in our online catalog (HAL). The top view is a screen shot of the results of a SUBJECT search using the term sports medicine. On the bottom is a screen shot of a full record with complete bibliographic and location information.

As you use the catalog, you will most likely see a book icon with a small red “e” on it. This refers to one of our collections of electronic books, EBSCO eBook Collection (formerly NetLibrary). You can access these titles through the catalog, or by EBSCO eBook Collection’s own search engine, which you can find under the EBSCO eBook Collection link on the A to Z Databases list.
FINDING MATERIAL BY USING DATABASES

Kelly Library subscribes to several online full-text and partially full-text databases that would be helpful in locating material for your research assignments on the subjects of athletic training, physical education and related areas. You may access them from the college web page (www.library.ehc.edu) by clicking on A to Z Databases.

**Annual Reviews**
Summarizes scholarship in biomedical, physical and social science fields. Below is a search on (anterior cruciate ligament OR ACL) AND rehabilitation.

![Annual Reviews Database](image)

**Academic Search Complete**
This database offers more than 7,900 full-text periodicals as well as indexing and abstracts for more than 11,900 journals and greater than 12,600 publications including monographs, reports, conference proceedings, and more. Covers topics ranging from astronomy to zoology. A similar database that you may want to try is General OneFile. A one-stop source for news and periodical articles on a wide range of topics: business, computers, current events, economics, education, environmental issues, health care, hobbies, humanities, law, literature and art, politics, science, social science, sports, technology, and many general interest topics.

**CINAHL with Full Text**
Covers a wide range of nursing and allied health topics, including physical therapy. See a sample search below on sports injuries AND physical therapy. To refine your search results try applying some of the limiters on the left side of the screen.
Below is a screen shot of a sample search in CINAHL with Full Text

Cochrane Library
A database of several healthcare subject-related groups that collect high-quality independent evidence to inform health care decision making. The following screen shot shows a search on massage AND “back pain”
An example of a review on this topic is below:

**Abstract**

**Background**

Low-back pain (LBP) is one of the most common and costly musculoskeletal problems in modern society. It is experienced by 70% to 80% of adults at some time in their lives. Massage therapy has the potential to minimize pain and speed return to normal function.

**Objectives**

To assess the effects of massage therapy for people with non-specific LBP.

**Search methods**

We searched PubMed to August 2014, and the following databases to July 2014: MEDLINE, EMBASE, CENTRAL, CINAHL, LILACS. Index to Chiropractic Literature, and ProQuest Dissertation Abstracts. We also checked reference lists. There were no language restrictions used.

**Selection criteria**

We included only randomized controlled trials of adults with non-specific LBP classified as acute, sub-acute or chronic. Massage was defined as soft-tissue manipulation using the hands or a mechanical device. We grouped the comparison groups into two types: inactive controls (sham therapy, waiting list, or no treatment), and active controls (manipulation, mobilization, TENS, acupuncture, traction, relaxation, physical therapy, exercises or self-care education).

**Health Source: Nursing/Academic Edition**

Provides nearly 550 scholarly full text journals focusing on many medical disciplines and also features the Lexi-PAL Drug Guide. Following is a search on **rehabilitation AND muscle stimulation**.
**MEDLINE** (indexing /abstracting only)

A comprehensive database of biomedical literature produced by the National Library of Medicine. See the screen shot below for a sample search in MEDLINE. It shows the results of a search in the medical literature on knee injuries AND female AND running. There are many limiting options you can use to tailor your search. In the second screen shot I used the date limiter.
PubMed (not full text)
Produced by the National Library of Medicine and contains over 24 million citations for biomedical literature from MEDLINE, life science journals and online books. Citations may include links to full text content from PubMed Central and publisher web sites.

PubMed Central (full text)
A digital archive of free life sciences journal literature at the U.S. National Institutes of Health. This database is a full text subset of the larger PubMed database.

SPORTDiscus
Subject areas covered include: biomechanics, drugs, exercise, kinesiology, movement science, nutrition, occupational health and therapy, physical fitness, physical therapy, rehabilitation, sports and exercise psychology, coaching and education, and sports medicine. It has full text for more than 530 journals with full-text coverage dating back to 1985. Below is a sample search on the terms “rotator cuff” AND rehabilitation. The search is limited by full text, academic journals and by date.
Example of an article from **SPORTDiscus**:

![Article from SPORTDiscus](image)

**World Catalog** (indexing only)

It is not full-text, but it is a database of millions of records of books and other items. If you cannot find material in the library catalog, this would be a good place to identify titles on a subject and then request them through interlibrary loan.

## What If an Article Is NOT Full Text?

What do you do if you find some articles whose titles look good, but are not full text in the database you are searching? Let’s go back a citation from a search in **General OneFile** that you see in the example below. It is not full text.

![Citation from General OneFile](image)

You can do a journal title search in our **E-Journals byTitle** list, and you can see that this periodical is full-text in another database (**SPORTDiscus**). So although this article is not full-text in **General OneFile**, you do have full-text access to it in another database.
What if it is not available full text in any other databases Kelly Library subscribes to? Go to the online catalog and do a **title** search. If the library has a subscription to the periodical, there will be a record in the catalog. If the library does not have either electronic or paper access to a periodical, you will need to request a copy of the article through **interlibrary loan**. This service is described later in this guide.

### Can I Get to These Databases from Off-Campus?

If you are off-campus and would like to access the subscription databases, it’s easy to do. Simply type in the library’s URL (**www.library.ehc.edu**), go to the **A-Z Databases** link, and then select a database. When you click on that first database, you will be asked to enter your user name and password, just as if you were using a computer in one of the campus labs. Or click on the **Off-Campus Access** link at the top of the library web page. If you are still having trouble, please speak with a librarian.

### INTERLIBRARY LOAN

Although Kelly Library has a large collection of periodicals, books and full-text databases, you will find citations to materials this library does not own. The library staff will try to borrow these items for you through the **interlibrary loan** process. Please carefully choose items to request and double-check the **E-Journal by Title** list and the **online catalog** to be sure that Kelly Library does not already own the material. Also, the library staff asks that you do not submit more than 10 requests for returnable material at one time. You should allow around 5-7 days for your requests to arrive.

To request items through interlibrary loan, you will need to register (one time only) on **ILLiad**, our online ordering system. The **interlibrary loan** link is under the **Services** link on the library main page. If you need help registering or ordering, please ask a library staff member for assistance.
DOCUMENTATION

Whenever you quote an author’s exact words or use his or her unique ideas, you must credit that source to avoid plagiarism. Academic fields have various documentation systems to credit the authors. Kelly Library has the MLA Handbook, Manual for Writers of Term Papers, Theses and Dissertations (Turabian), Publication Manual of the American Psychological Association, The Chicago Manual of Style and the 10th ed. of the AMA Manual of Style: A Guide for Authors and Editors (REF.R119.A533 2007) on permanent reserve at our Circulation Desk. Use the style requested by your instructor. James Madison University has a good handout on AMA citation style – (http://www.lib.jmu.edu/citation/amaguide.pdf). Tutors at the E&H Writing Center can help you with composition and grammar matters. The Writing Center is located in MS 233, please call x6225 for hours and contact numbers.

Remember: If you need help using or locating any of the materials mentioned in this handout, please ask a reference librarian or circulation staff member for assistance.

www.library.ehc.edu

 askalibrarian@ehc.edu

 276-944-6208